

**Notes:**

[illegible]



**“LOVE, it is not easily angered” Pt. 6**

Pastor Oscar Chavez

## Americans are living in a big ‘anger incubator.’

- [Raymond Novaco](#), a psychology professor at the University of California at Irvine who has expertise in anger assessment and treatment. Said:

**“We’re living, in effect, in a big anger incubator,”**

- Surveys over the past few years suggested that anger had risen in the country even before the 2020 crises. A [Gallup poll](#) conducted in 2018, for example, concluded that Americans’ stress, worry and anger had intensified that year.



# LOVE

• 1 Cor. 13:5c.

*“it is not easily angered”*

Love is, **Patient** – **Kind** – **selfless**.

Love it is not easily angered!!!



# LOVE

• Ephesians 4:26. NKJV

- <sup>26</sup> “*Be angry, and do not sin”: do not let the sun go down on your wrath,*



# Unresolved anger can cause damage.

- Proverbs 12:18 - NIV
- 18. *The words of the reckless pierce like swords, but the tongue of the wise brings healing.*
- Ecclesiastes 7:9 - ESV
- 9. *Be not quick in your spirit to become angry, for anger lodges in the heart of fools.*





# Unresolved anger can cause damage.

- Proverbs 14:17

*A quick-tempered person does foolish things...*

- Psalm 37:8<sup>[L]</sup><sub>[SEP]</sub>

- *Stop being angry! Turn from your rage! Do not lose your temper—it only leads to harm.* (NLT).



# Unresolved anger can cause damage.

- Proverbs 29:22<sup>[L]</sup><sub>[SEP]</sub>
- *An angry person stirs up conflict, and a hot-tempered person commits many sins.* (NIV)
- Prov. 19:19)
- 19. *A hot-tempered person must pay the penalty; rescue them, and you will have to do it again.*





# LOVE

• 1 Cor. 13:5c.

*“it is not easily angered”*

Love is, **Patient** – **Kind** – **selfless**.

Love it is not easily angered!!!



# How should handle anger?

- Be slow to “Anger”

**Proverbs 14:29**

*Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly. (ESV)*

**Proverbs 19:11**

*Sensible people control their temper.*



# How should handle anger?

- Be slow to “Anger”
- Psalm 4:4<sup>[L  
SEP]</sup>
- *Don't sin by letting anger control you. Think about it overnight and remain silent.* (NLT)



# How should handle anger?

- Be slow to “Anger”

- James 1:19-20

*My dear brothers, take note of this: Everyone should **be quick to listen**, slow to speak and **slow to become angry**, for man's anger does not bring about the righteous life that God desires. (NIV84)*



# If it is sinful Anger, Get rid of it

- Colossians 3:8

*But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. (NLT)*



# If it is sinful Anger, Get rid of it

- *Ephesians 4:29–32*

*Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption.*

- **Get rid of** all **bitterness, rage, anger, harsh words, and slander**, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. (NLT)





# Let Love prevail over Anger

- Love is patient. When you are angry: you have two options:
- Ephesians 4:26-27  
Be angry and do not sin; do not let the sun go down on your anger and give no opportunity to the devil. ([ESV](#))
- Psalm 4:4<sup>[SEP]</sup> Don't sin by letting anger control you. *Think about it overnight and remain silent.* ([NLT](#))



# Let Love prevail over Anger

Love is Kind. When you are angry:

- Ephesians 4:29–32
- *Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, **be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.** (NLT)*
- 1 Corinthians 13:4-7
- *<sup>4</sup> **Love is patient and kind; love does not envy or boast; it is not arrogant <sup>5</sup> or rude. It does not insist on its own way; it is not irritable or resentful.***





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