

## RUNNING OUT OF GAS

Mark 1:35-39

Pastor Roy Halberg

→Did you buy gas this week? WHY?

→Worse than running out of gas with your car is running out of gas \_\_\_\_\_

### QUALITY TIME ALONE WITH THE FATHER

1. WAS A \_\_\_\_\_ FOR JESUS

A. He prayed \_\_\_\_\_

B. He prayed away from the \_\_\_\_\_

C. He prayed \_\_\_\_\_

D. it was His \_\_\_\_\_ (cf. Luke 22:39; Mark 6, 14)

→We also value \_\_\_\_\_ over \_\_\_\_\_  
we need to elevate the \_\_\_\_\_ of quality time alone with the Father!! !!

2. WAS THE \_\_\_\_\_ OF JESUS

-this didn't happen by \_\_\_\_\_ . . . it wasn't something done in his  
"spare time . . . it was \_\_\_\_\_ !!

→We will not invest quality time with the father without a \_\_\_\_\_ to do so!!

3. HAD A \_\_\_\_\_ FOR JESUS

A. Because of a \_\_\_\_\_

B. not because of a \_\_\_\_\_

→If we are going to effectively \_\_\_\_\_ Jesus and \_\_\_\_\_ Him well, I,  
we need to emulate his sense of \_\_\_\_\_ for prayer

### MY RESPONSE TO JESUS TODAY!!

A. How would you rate your time with the Father . . . your prayer life?

1-----

----- 10

dull

vital

infrequent

faithful

meaningless

meaningful

insignificant

significant

"spare tire"

habit of life

B. What do you need to change so that quality time with the Father is a vital life habit?

-choose to make it a \_\_\_\_\_

-start small:

-set a \_\_\_\_\_ and \_\_\_\_\_ for regular quality time with the Father

-have a plan...a strategy: A \_\_\_\_\_ C \_\_\_\_\_ T \_\_\_\_\_ S \_\_\_\_\_

-ask someone for \_\_\_\_\_

-begin:

-keep at it

C. Commitment is always more powerful when written down . . . write it now!!

-I will set aside \_\_\_\_\_ minutes each day for QT at \_\_\_\_\_ am/pm in this location: \_\_\_\_\_

-I will ask \_\_\_\_\_ to help me

E Stanley Jones: "Prayer is like a time exposure to God"

# Running Out of Gas



In the early morning, while it was still dark,  
Jesus got up, left the house,  
and went away to a secluded place,  
and was praying there

Mark 1:35



# Running Out of Gas

The background is a complex, layered image in shades of blue. It features a silhouette of a person standing in a desert landscape. To the left of the person is a single, spiky tree. In the background, there are rolling hills and mountains. The image has a textured, almost collage-like appearance with various geometric shapes and patterns overlaid.

What is the solution to running out of gas?



# Quality Time With The Father



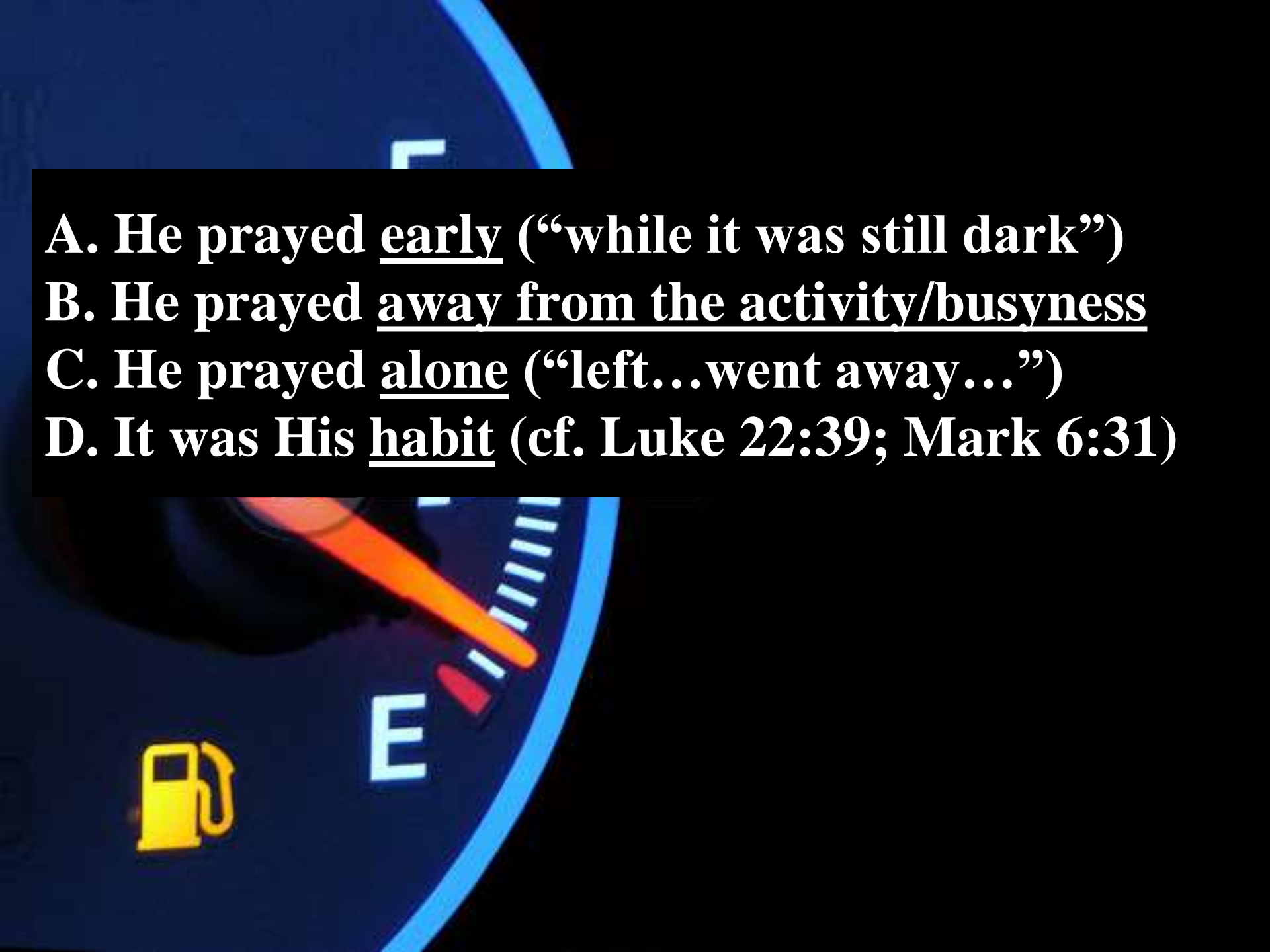
...and a fatherly heart towards  
by his thanksgiving, prayers, and will be  
their faith and salvation. be the will be



# Quality Time With The Father

## 1. WAS A PRIORITY FOR JESUS

...and a fatherly heart towards  
by his thanksgiving, prayers, and will be  
their faith and salvation. be the will be

- 
- A. He prayed early (“while it was still dark”)
  - B. He prayed away from the activity/busyness
  - C. He prayed alone (“left...went away...”)
  - D. It was His habit (cf. Luke 22:39; Mark 6:31)



# Quality Time With The Father

1. WAS A **PRIORITY** FOR JESUS
2. WAS THE **PLAN** OF JESUS



# Quality Time With The Father

1. WAS A **PRIORITY** FOR JESUS
2. WAS THE **PLAN** OF JESUS
3. HAD A **PURPOSE** FOR JESUS



# MY RESPONSE TO JESUS TODAY

**How would you rate your time with the Father,  
your prayer life?**

**Is it QUALITY TIME like Jesus spent?**

**1-----**

**Dull**

**infrequent**

**meaningless**

**insignificant**

**"spare tire"**

**----- 10**

**vital**

**faithful**

**meaningful**

**significant**

**habit of life**

# MY RESPONSE TO JESUS TODAY

**What changes do you need to make so that quality time with the Father becomes a vital life habit?**





# **MY RESPONSE TO JESUS TODAY**

**What changes do you need to make so that quality time with the Father becomes a vital life habit?**

- choose to make it a priority**
- start small**
- set a time and place for regular prayer**
- have a plan...a strategy**
- ask a someone for help, support,  
encouragement ... accountability!**
- begin**
- keep at it**



**Let's determine today  
NOT to be like the  
Standard Oil float  
at the Rose Parade!!**



# Running Out of Gas

The background of the slide is a monochromatic blue-toned image. It depicts a landscape with rolling hills and a single, leafless tree on the left. A silhouette of a person stands on a ridge in the center-right, looking towards a bright, glowing light source in the sky, which creates a lens flare effect. The overall mood is contemplative and serene.

**In the early morning, while it was still dark,  
Jesus got up, left the house,  
and went away to a secluded place,  
and was praying there**

**Mark 1:35**